



British Liver Trust Primary Care Pathway Survey - Survey Questions

Q1. Name and position of person answering the survey

Kirsty Brightwell, Medical Director

Q2. Please enter the name of your Health Board

NHS Shetland

Q3. Do you have a named person within the Health Board who is responsible for liver disease?

No

If yes, please move to Q3a

If no, please move to Q3b

Q3a If yes, please provide the name, title and email address of this person

Please direct to NHS Grampian

Q3b In the absence of a named contact for liver disease, please provide the name, title and email address of the person who should be contacted regarding liver health

Name:

Title:

Email address:

Q4. Do you have a commissioned pathway for a) the interpretation of abnormal liver blood tests? b) responding to liver disease more generally? Please could you attach/hyperlink any pathway documents to your response.

We do not have commissioned pathways

We follow NHS Grampian's Clinical Guidelines and use their Gastroenterology team for care of people with liver disease.

If answer to any of these is yes, please move to Q5

If answer is no pathways for either, please move to Q7

Q5. Does it include an endorsed pathway for the management of abnormal liver blood tests that follows the BSG guidance?

See NHS Grampian's response

Q6. Is liver fibrosis assessment part of your pathway?

Not applicable

If yes, please move to Q6a

If no, please move to Q7

Q6a. Please indicate how fibrosis is assessed (Please tick all that apply):

- Fibroscan
- ELF Test
- FIB-4
- NAFLD fibrosis score
- iLFTs
- Other:

Q7. Do you have an additional pathway that proactively case-finds individuals who may be at high-risk of liver disease?

No

If yes, please move to Q8

If no, please move to Q10

Q8. How does your pathway define individuals as high risk of liver disease? (Please tick all that apply)

- Diabetes
- Alcohol risk
- Obesity
- Obesity with other metabolic risk factors
- Risk factors for viral hepatitis
- Other:

Q9. How are these individuals identified? (Please tick all that apply)

- At annual chronic disease or year of care review
- During the NHS Health Check
- Opportunistically during consultations
- Using IT system prompts or pop-ups
- Other:

Q10: Does your contract with Drug and Alcohol Recovery Service providers include providing a liver disease diagnostic test?

We do not have a contract with Substance Misuse and Recovery. This is an NHS service.

Q11: Does your contract with Weight Management Service providers include providing a liver disease diagnostic test?

This is a managed service and not a contract.

Q12. Does the Health Board monitor the breadth of adoption and efficacy of liver disease pathways in primary care in your area?

No

If yes, please move to Q13

If no, please move to Q14

Q13. Where are these statistics published?

Q14. Are you aware of current statistics relating to liver disease in your area and do you monitor these?

No

Q15. Would you be willing to share your pathway information with other Health Boards for best practice purposes?

Not applicable

Q16. Would you like to meet with the British Liver Trust and/or a local clinician to find out how you can improve liver disease in your area? (optional)

No

Final comments: