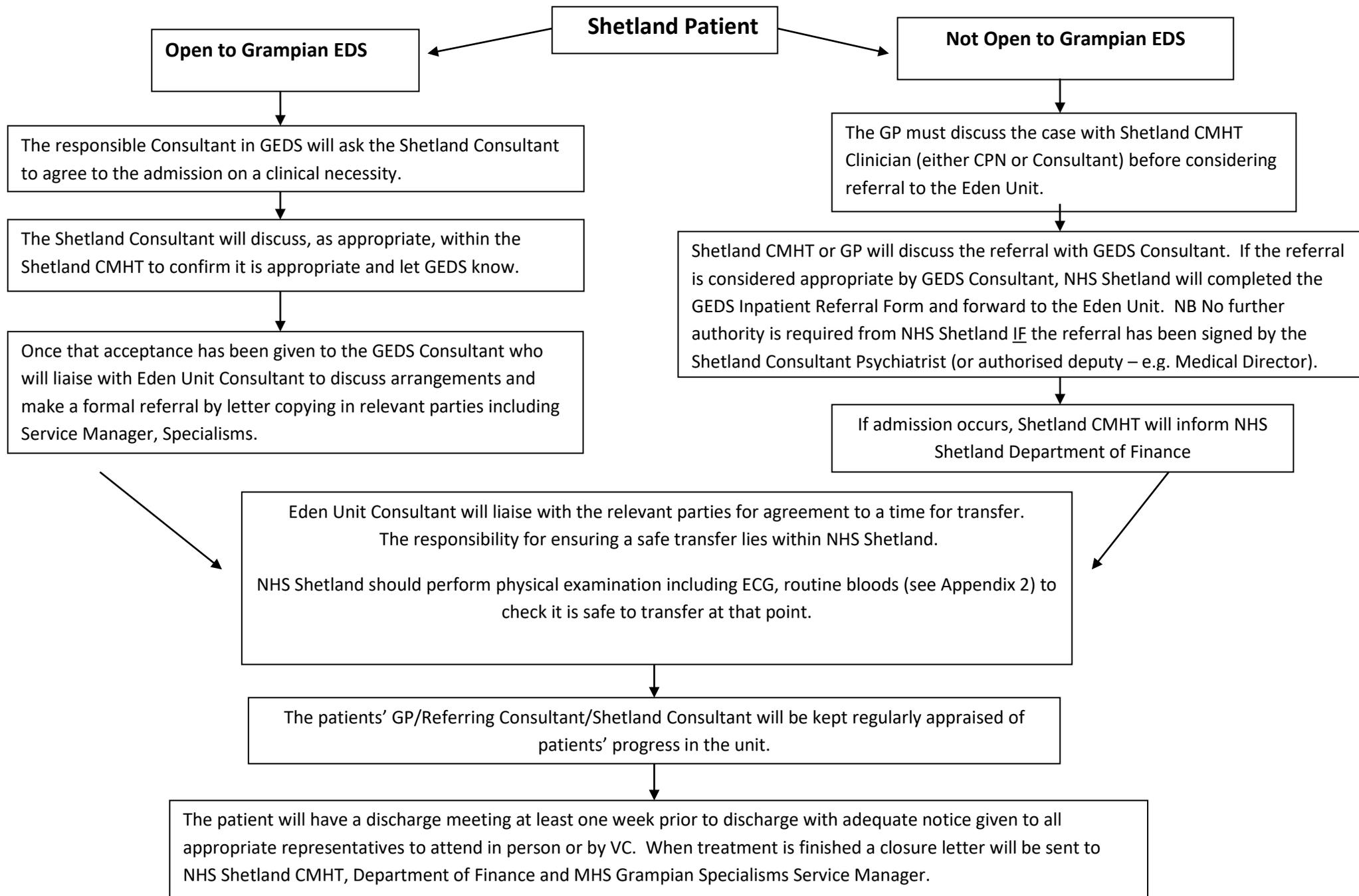


## Procedure for admitting patients from Shetland Health Board to The Eden Unit



## **Appendix 1-Contacts**

Service Manager, Specialisms Directorate  
Management Corridor  
Fulton Building  
Royal Cornhill Hospital  
Aberdeen, AB25 2ZH

Tel: 01224 (5)57298

Support Manager, Specialisms Directorate  
Management Corridor  
Fulton Building  
Royal Cornhill Hospital  
ABERDEEN  
AB25 2ZH

Tel: 01224 557611

Colin Marsland  
Director of Finance  
Brevik House  
South Road  
Lerwick  
Shetland ZE1 0RB

Tel: 01595 743000

**Dr Phil Crockett**, Out-patient Eating Disorder Service, Fulton Clinic, Royal Cornhill Hospital, Aberdeen, AB25 2ZH – 01224 557392

**Dr Jane Morris**, Eden Unit, (Inpatient Unit) Royal Cornhill Hospital, Aberdeen, AB25 2ZH – 01224 557769/557521

In Extremis Cases may have to contact Dr MacKinlay for Advice:

**Dr Alastair MacKinlay**, Consultant Gastroenterologist, Aberdeen Royal Infirmary - 01224 553628

## **Appendix 2-Safety of Transfer**

- Safety of transfer consideration important.
- Initial stabilisation at home base maybe required.
- Physical examination including ECG, BP, Pulse, Temperature, Abdominal Examination
- Bloods: U's & E's, LFT's, Phos. Ca<sup>2</sup>, Mg<sup>2</sup>, Glucose + FBC
- Please consult attached guidance for "in extremis" and severely ill patients (Appendix 3).
- Feel free to discuss transfer aspects with the Eden Unit Consultant.