

# Alcohol Behaviour Call it out

**Encourage friends and family to know their limits with alcohol.**

**Challenge inappropriate behaviour and feel empowered to recognise it and call it out.**

**Promote safety and respect in our community.**

**For more information, signposting and helplines, please scan the QR code or visit:  
[www.nhssheland.scot/community-health/abc-campaign](http://www.nhssheland.scot/community-health/abc-campaign)**

