

## Freedom of Information (Scotland) Act 2002

DATE RECEIVED	07/02/2022	SUBJECT	Aquatic Physiotherapy		
PASSED TO	Physiotherapy	DATE PASSED	07/02/2022	RESPOND BY	28/02/2022
CATEGORY	Business	FoI NUMBER	2022-054		

Question/s to be Answered

### ACCESS TO AQUATIC PHYSIOTHERAPY

1. On behalf of which NHS Trust / Health Board are you responding?

NHS Shetland

2. Does your Trust / Health Board have access to a hydrotherapy pool?

- Yes  
 No  
 Not anymore

The hydrotherapy pool is owned and operated by the local leisure provider. It is not used by NHS.  
There is no NHS hydrotherapy service

3. If you do have access are your hydrotherapy pools onsite or offsite? (Tick all that apply)

- Onsite  
 Offsite (NHS Facility)  
 Offsite (Non NHS Facility)

4. Were all your hydrotherapy pools open prior to the COVID-19 pandemic?

- Yes  
 No

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5. If you do not have access to hydrotherapy pools, please tick all answers that apply to answer why that is.

- Closed Due to COVID-19
- Lack of funds
- Insufficient space
- No local pool available
- Not enough adequately trained staff
- Lack of appropriate local patient population
- Other (please specify)

6. How many hydrotherapy pools exist on your NHS Trust / Board's estate? Include those closed prior to COVID-19.

7. What are your closed hydrotherapy pools / departments now used for?

### REOPENING OF HYDROTHERAPY POOLS

8. Will all your hydrotherapy pools be re-opening?

- Yes, they are already open
- Yes, there are plans to reopen
- No
- Not sure / don't know

9. When are your hydrotherapy pools scheduled to re-open?

- Within 3 months

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- Within 6 months
- Within 9 months
- Within 12 months
- Other (please specify)

10. If your hydrotherapy pools are not scheduled to reopen, why is that? *(Please select all that apply)*

- Changing area capacity
- Staffing to clean
- Access to pool
- Staff still redeployed
- Other (please specify)

11. If your hydrotherapy pools are not scheduled to reopen, has a full public consultation taken place?

- Yes
- No

12. If your hydrotherapy pools are not scheduled to reopen has an equality impact assessment taken place?

- Yes
- No

### OPERATING HYDROTHERAPY POOLS

13. If your hydrotherapy pools are open or scheduled to open is / will your aquatic physiotherapy (hydrotherapy) service capacity be reduced as a result of COVID-19?

- Yes
- No

14. What capacity are / will you be able to offer compared to pre pandemic?

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Please enter a percentage (%).

15. Is / will your service be provided on a 1:1 basis?

- Yes,
- No we can take more than 1 patient in the pool at a time.

16. Is / will your service be provided with the therapist instructing from poolside

- Yes,
- No our therapist is able to treat from within the pool

17. Approximately how many sessions did you have access to your hydrotherapy pools on a weekly basis pre pandemic? (Where one session = one morning, afternoon or evening clinic)

18. Approximately how many sessions do you currently have access to your hydrotherapy pools on a weekly basis?

19. Which services use your hydrotherapy pools?

- Rheumatology
- MSK
- Orthopaedics
- Neurology
- Paediatrics
- Other (please specify)

20. Are your hydrotherapy pools used by inpatient or outpatient services?

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- Inpatients only
- Outpatients only
- Both inpatients and outpatients

21. Prior to the pandemic did you provide out of hours access to your hydrotherapy pools to patient groups or private groups? e.g. NASS, Private Clinics (Please provide a list)

- Yes
- No

22. Have these sessions restarted? (Please provide a list of those which have restarted)

- Yes
- No

23. Do you currently audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

- Yes
- No

24. Please list outcome measures or tools used to audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

25. If you are happy to be contacted for further information to support aquatic physiotherapy (hydrotherapy) services remobilise please provide an email address below.