

Freedom of Information (Scotland) Act 2002

DATE RECEIVED	25/04/2022	SUBJECT	Eating Disorders		
PASSED TO	Mental Health CAMHS	DATE PASSED	25/04/2022	RESPOND BY	16/05/2022
CATEGORY	Press	FoI NUMBER	2022-146		

Question/s to be Answered

I am writing to you under the Freedom of (Scotland) Act 2002 with a view to seek answers to several questions surrounding eating disorder services provided by the health board.

1. Can you provide a list of the names and addresses, including a postcode, of all NHS facilities within your health board which provide specialist eating disorder treatment for adults.

There is no specialist eating disorder service within NHS Shetland for adults.

2. If there are no specialist clinics, please provide a list of the names and addresses, including a postcode, of all NHS facilities (even if it is a GP service) within your health board which provide mental health treatment and could facilitate eating disorder services for adults.

The local AMH team provide services for adults with an eating disorder who are well enough to remain at home and receive treatment in the community. In patient services are accessed at Royal Cornhill Hospital, Aberdeen

GP Services/Health Centres

Bixter Health Centre

Bixter

ZE2 9NA

Brae Health Centre

Brae

ZE2 9QJ

Hillswick Health Centre

Westarye

Hillswick

ZE2 9RW

Lerwick Health Centre

South Road

Lerwick

ZE1 0RB

Levenwick Health Centre

Gord

Levenwick

ZE2 9HX

Scalloway Health Centre

New Road

Scalloway

ZE1 0TN

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Unst Health Centre
Baltasound
Unst
ZE2 9DY

Walls Health Centre
Walls
ZE2 9PF

Whalsay Health Centre
Symbister
Whalsay
ZE2 9AE

Yell Health Centre
Mid Yell
Yell
ZE2 9BX

ADMH

Lerwick Health Centre
South Road
Lerwick
ZE1 0RB

Inpatient Services

Royal Cornhill Hospital
Cornhill Road
Aberdeen
AB25 2ZH

3. Can you provide a list of the names and addresses, including a postcode, of all NHS facilities within your health board which provide specialist eating disorder treatment for children.

There is no specialist eating disorder service within NHS Shetland.

4. If there are no specialist clinics, please provide a list of the names and addresses, including a postcode, of all NHS facilities (even if it is a GP service) within your health board which provide mental health treatment and could facilitate eating disorder services for children.

The local CAMHS team provide services for children and young people with an eating disorder who are well enough to remain at home, either within the CYP home, local GP surgery or at CAMHS, Lerwick. In patient services are accessed at Dudhope Unit in Dundee.

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Symbister

Whalsay

ZE2 9AE

Yell Health Centre

Mid Yell

Yell

ZE2 9BX

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CAMHS

CAMHS

Breivick House

Lerwick

ZE1 0TB

Inpatient Services

Dudhope Young People's Unit

15 Dudhope Terrace

Dundee

DD3 6HH

5. For people living in rural areas, such as Wick, Caithness, where is the nearest facility to discuss mental health issues like eating disorders.

Physical locations information listed above in question 3 and 4. There is on-line [web support](#) and confidential phone support line at 0808 801 0432 via national charity.

6. Between 2018 and 2022, how many adults made an appointment to discuss an eating disorder within the health board.

This would include all Primary Care appointments, AMH and Dietetics. Unfortunately this information is not collected in these departments in this way

7. Between 2018 and 2022 what was the average age of adults who made an appointment to discuss an eating disorder within the health board.

This would include all Primary Care appointments, AMH and Dietetics. Unfortunately this information is not collected in these departments in this way

8. Between 2018 and 2022 how many female adults made an appointment to discuss an eating disorder within the health board.

This would include all Primary Care appointments, AMH and Dietetics. Unfortunately this information is not collected in these departments in this way

9. Between 2018 and 2022 how many male adults made an appointment to discuss an eating disorder within the health board.

This would include all Primary Care appointments, AMH and Dietetics. Unfortunately this information is not collected in these departments in this way

10. What is the average waiting time for an appointment for patients seeking help for an eating disorder?

CAMHS will see a child or young person with an eating disorder within 2 weeks, and preferably the same week if the CYP is losing weight.