

Freedom of Information (Scotland) Act 2002

DATE RECEIVED	10/05/2022	SUBJECT	Weight Management		
PASSED TO	Information Health and Social Care Dietetics	DATE PASSED	11/05/2022	RESPOND BY	31/05/2022
CATEGORY	Business	FoI NUMBER	2022-165		

Question/s to be Answered

I would be grateful if you could answer a few questions about your Tier 3 and Tier 4 specialist weight management (obesity-related) services,

1. Do you have a Tier 3 specialist weight management service for obesity, with multi-disciplinary input?

NHS Shetland does not currently have any members of staff employed to specifically deliver Tier 3 weight management service. The existing weight management service is included in overall service for the island with 1.8FTE Band 6 dietitians. During service provision planning gaps in psychological and physical activity services as part of tier 3 weight management have been identified.

2. How many patients have been referred to this service in the past year?

121 in the past 12 months

3. What medications are prescribed as part of this service? Specifically, are Orlistat (Xenical) and Saxenda (Liraglutide) prescribed? Or Wegovy (semaglutide) used for obesity management?

Orlistat may be prescribed as part of this service. No other drug is offered within Tier 3 weight management

4. Do you have a Tier 4 weight management service (i.e. weight-loss surgery)?

Not within the local board. Patients identified as suitable are referred to the specialist service in NHS Grampian via local dietitians.

5. How many bariatric surgeries have been conducted in the past year? 0

6. Is there an obesity care pathway for referral and if yes, can this be shared?

There is a weight management pathway across both health improvement and dietetics. We will share the healthy weight pathway and referral process for both tier 2 (with Health Improvements permission) as well as tier 3 as these interlink. However, it is worth noting this pathway is currently under development to work towards single point access to services to improve patient care and access in line with national recommendations.