

## Freedom of Information (Scotland) Act 2002

<b>Date received</b>	08/06/2022	<b>Subject</b>	Psychological Therapies waiting times		
<b>Passed to</b>	Mental Health Information Services	<b>Date passed</b>	13/06/2022	<b>Respond by</b>	29/06/2022
<b>Category</b>	Scottish Parliament	<b>FOI number</b>	2022-208		

### Question/s to be answered

Please provide me with the following:

- Of those adults who started treatment for psychological therapies in (a) 2019-20, (b)2020-21 and (c) 2021-22, how many waited (i) 12 months, (ii) 13 months, (iii) 14 months, (iv) 15 months, (v) 16 months, (vi) 17 months, (vii) 18 months, (viii) 19 months, (ix) 20 months, (x) 21 months, (xi) 22 months, (xii) 23 months, (xiii) 24 months or more, to start their treatment following a referral.

Waiting time	Number (a) 2019-20	Number (b) 2020-21	Number (c) 2021-22
12 months	6	0	0
13 months	0	1	1
14 months	0	0	3
15 months	0	0	0
16 months	1	0	0
17 months	0	0	0
18 months	0	0	1
19 months	0	0	0
20 months	0	0	1
21 months	1	0	0
22 months	2	0	0
23 months	4	0	2
24 months	9	12	21

- What was the longest (number of days) any adult who started treatment for psychological therapies in (a) 2019-20, (b) 2020-21 and (c) 2021-22 waited to begin their treatment following a referral.
  - 2019-20: 840 days
  - 2020-21: 1197 days
  - 2021-22: 1197 days

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3. Of those adults currently waiting to start treatment for psychological therapies, how many have been waiting (i) 12 months, (ii) 13 months, (iii) 14 months, (iv) 15 months, (v) 16 months, (vi) 17 months, (vii) 18 months, (viii) 19 months, (ix) 20 months, (x) 21 months, (xi) 22 months, (xii) 23 months, (xiii) 24 months or more, to start their treatment following a referral.

Waiting time	Number
12 months	1
13 months	5
14 months	1
15 months	3
16 months	5
17 months	0
18 months	0
19 months	0
20 months	0
21 months	0
22 months	0
23 months	1
24 months	2

4. What is the longest (number of days) any adult currently waiting to start treatment for psychological therapies has been waiting to begin their treatment following a referral.

1225 days at end May 2022