

LONG COVID RESOURCE APPLICATION

Applicant Information	
Name of NHS Board	NHS Shetland/ Shetland HSCP
Name of lead person	Cathrine Coutts Interim Executive Manager Allied Health Professionals
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Name and job title of person(s) signing off submission on behalf of organisation	Jo Robinson Depute Director Community Health and Social Care Jo.Robinson@shetland.gov.uk

Project Outline
Please explain what is being proposed and how it will be delivered within the timeframe. Please outline any key risks to delivery or associated risks to wider services
<p>Pilot project – 8 month duration.</p> <p>Does a Care Co-ordinated approach utilising technology based recovery for a remote and rural health board improve outcomes for people with Long Covid.</p> <p>Lead AHP acting in a care-co-ordinator role to facilitate a local pilot.</p> <p>Baseline Assessment – individualised signposting as necessary.</p> <p>Offer to join 4-6 months Locality based/virtual based peer support.</p> <p>Covid Recovery App and C19YRS use</p> <p>Follow up assessment.</p> <p>Project report.</p>

Evaluation	
Please outline measurement plan to assess benefit	
Patient reported outcome measures at the start and end of pilot.	
Reportable self-monitored outcomes from technology used.	
Resources Required	
Please set out the amount of funding sought (including a breakdown of costs)	
Description	Amount (£)
0.4 WTE Band 6 for 8 months	14k
Travel costs	1 K
Total project costs	15k

Please briefly outline how the proposal will deliver in the following areas:

Person centred	Patient experience	Care-coordinator approach is person centred around the individual, allowing intervention to be tailored to the needs of the individual.
	Benefit to carers	Alternative support structure for those with Long Covid to alleviate some caring burden.
Clinical governance and patient safety	Clinical governance and patient safety	Uses validated technology.
Clinical effectiveness	Clinical effectiveness	Outcome measures will enable effectiveness to be described.
	Strength of evidence	Validated tools.
	Benefit over current care/ no provision of service	At present there is no referral route/service specifically for people with Long Covid.
Health of the population	Impact on wider health and social services	Trial a different mode of AHP care delivery and hopefully be replicable. It should also reduce streamline/reduce access to other services.
	Equity of outcome	A tailored approach will allow outcomes to be person centred.
	Equity of access	A combined approach using technology and one to one care will increase access for those in remote localities and those that are unable to use technology.
Economic Impact	Cost effective	The use of APPs and technology is a cost effective way of delivering care in remote and rural locations. Using peer groups will minimise travel.
	Impact on wider budget	Group and peer support work along with technology are effective ways of budget use.
Sustainability and resilience	Resilience (short term)	Uses resources that already exist
	Sustainability (long term)	Capacity to trial an approach with demonstrable outcomes can then be implemented more widely and replicated for sustainability of services in the long term.
Strategic fit and innovation	Fits with strategic vision of NHSScotland	Technology enabled care.
	Stimulates innovation	