

Freedom of Information (Scotland) Act 2002
Environmental Information (Scotland) Regulations 2004

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|--|---|-------------------|----------------------------|----------|
| Date received | 06/10/2022 | Subject | Mental Health Waiting List | |
| Date passed | 06/10/2022 | Respond by | 27/10/2022 | |
| Passed to | Mental health | | FOI number | 2022-417 |
| Category of information requested | H&SC Delivery – Patient / Clinical Management | | | |

Question/s to be answered

Please can I have a breakdown for each month between August 2021 and September 2022 of the number of people on the waiting list for their first appointment with a mental health specialist in the NHS Shetland area (this is to include all types of mental health professionals, such as counsellor, psychiatrist, psychologist etc)

| Month | Total for Psychological therapies Waiting for First Appointment |
|--------|---|
| Aug-21 | 79 |
| Sep-21 | 79 |
| Oct-21 | 68 |
| Nov-21 | 68 |
| Dec-21 | 61 |
| Jan-22 | 54 |
| Feb-22 | 55 |
| Mar-22 | 60 |
| Apr-22 | 52 |
| May-22 | 64 |
| Jun-22 | 68 |
| Jul-22 | 79 |
| Aug-22 | 76 |
| Sep-22 | 81 |

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| Waiting for Psychiatry and CPN Assessment | |
|---|---------|
| Aug 2021 | 3 & 5 |
| Sept 2021 | 9 & 11 |
| Oct 2021 | 2 & 18 |
| Nov 2021 | 3 & 16 |
| Dec 2021 | 10 & 20 |
| Jan 2022 | 7 & 13 |
| Feb 2022 | 4 & 11 |
| March 2022 | 3 & 11 |
| April 2022 | 2 & 6 |
| May 2022 | 8 & 19 |
| June 2022 | 8 & 11 |
| July 2022 | 9 & 8 |
| Aug 2022 | 10 & 10 |
| Sept 2022 | 11 & 9 |