

Freedom of Information (Scotland) Act 2002
Environmental Information (Scotland) Regulations 2004

Date received	19/10/22	Subject	Paediatric Weight Management	
Date passed	19/10/22	Respond by	09/11/22	
Passed to	Information Services Dietetics		FOI number	2022-438
Category of information requested	H&SC Delivery - Assessment / Diagnosis / Treatment			

Question/s to be answered

For EACH of the previous three fiscal years (i.e. 2019/20, 2020/21, 2021/22) and 2022/23 - up to October 1 - please can you tell me:

Regarding financial year 2019/20, in accordance with FOISA s 17(1), NHS Shetland confirms that it does not hold the information requested.

1. The TOTAL number of children referred/sent to a paediatric weight management program for being overweight/obese, a BMI of 25 kg/m² or greater.

Referrals and outcomes are not generally stated in BMI as this is not appropriate under the age of 18. Support for weight management services in line with Scottish Government standards are noted in BMI centiles. >91st centile for overweight >99.6th centile for obese. These are the figures accounted for as a child with a BMI of 23kg/m² may still be overweight for their age.

Children who require support for issues such as food restriction in additional needs were not previously noted as a weight management referral so numbers may be higher than documented. The priority would be to treat the food restriction before commencing weight management intervention.

I wish this information to be provided and broken down by year/age group (e.g. 0-5, 6-10, 11-16, etc.). Additionally, I wish the figures to be provided in spreadsheet format.

See attached spreadsheet.